Swimming Sunior Grammar



Co-ed from Kindy to Year 6

0	DEVELOPMENT CLASSES			SQUADS						
	Learn —	→ Ju	nior —	-> Bro	Bronze -		→ Silver —		> Gold	
TERM 2, 2019	PM	AM	РМ	AM	PM	AM	РМ	AM	РМ	
Monday	From 2.45		3.15 - 4.00	6.30 - 7.30	3.15 - 4.30	5.30 - 7.30	4.30 - 6.30	5.30 - 7.30	4.30 - 6.30	
Tuesday					3.15 - 4.30	5.30 - 7.30	4.30 - 6.30	5.30 - 7.30	4.30 - 6.30	
Wednesday	From 2.45		3.15 - 4.00	6.30 - 7.30	3.15 - 4.30	5.30 - 7.30 (Gym)	4.30 - 6.30	5.30 - 7.30 (Gym)	4.30 - 6.30	
Thursday					3.15 - 4.30	5.30 - 7.30	4.30 - 6.30	5.30 - 7.30	4.30 - 6.30	
Friday	From 2.45	6.45 - 7.30		6.30 - 7.30		5.30 - 7.30	4.30 - 6.30	5.30 - 7.30	4.30 - 6.30	
Attendance	One 30min lesson per week, per term.	Required to attend up to three sessions per week, per term.		Required to attend up to three sessions per week, per term.		Required to attend a minimum of seven, 2 hour swim sessions plus one gym session per week.		Required to attend a minimum of seven, 2 hour swim sessions plus one gym session per week.		
Cost	\$120/term	\$120/term		Free to Junior Grammar students		Free to Junior Grammar students		Free to Junior Grammar students		
Focus	Water safety, confidence and stroke development.	Stroke development in all four strokes.		Continued development of all strokes, an increase in fitness and distance. Suited to school representative swimmers.		Competitive - school and club level.		Competitive - regional, state and national levels.		

All swimmers need to complete a swimming level assessment prior to class allocation. To arrange a swimming level assessment email swim@juniorgrammar.com.au. Bookings can be made via TryBooking: www.trybooking.com/450487.

Time slots are subject to availability.