ROYAL SOUTH AUSTRALIAN
YACHT SQUADRON

- SAILING COACHING SERIES 2019 -

come & try sailing

SATURDAY 14 - SUNDAY 15 SEPTEMBER

- $90 per person -

Includes two days of training, nibbles & drinks

- No experience necessary -

3 Levels: Novice, Intermediate, Advanced
Skippers and Boats provided.
Meet new people - relaxed, friendly environment
Have fun and gain new skills

Bookings close Sunday 8 September 2019

Enquiries & Bookings: 8341 8600

Come & Try Sailing Course

Saturday 14 & Sunday 15 September 2019

ROYAL SOUTH AUSTRALIAN YACHT SQUADRON

GENERAL INFORMATION

1. Please **register and pay** for the RSAYS '*2 Day Come & Try Sailing Course*' by Sunday 8 September 2019.
2. **Start times:** Saturday 9.45am; Sunday 10.00am
3. On Saturday, please meet on the Quarterdeck (located at the front of the Clubhouse, overlooking the marina) at **9.45am for registration and to meet your skipper**. The day will conclude at approximately 4pm.
4. We recommend you **bring the following** along, regardless of the weather as it is cool on the water:-
   - White soled (or pale colour) shoes, e.g. sneakers with a non-marking sole
   - Sunglasses
   - Spray jacket and/or warm jumper
   - Jeans or trackpants
   - Thermal undergarment
   - Sunscreen
   - Sailing gloves (can be purchased from the Club for $28 if needed)
   - Bottle of water
   - Change of clothes (for after sailing)

   Work on the principle that "*if in doubt, then pack it in your bag*". It is better to have too much gear than not enough.

5. The Club has **shower and changing rooms** for your convenience.
6. **Baguettes can be pre-ordered** (form included) for lunch on both days for $8 each. If you wish to pre-pay, include $8 per baguette with your registration fee (i.e., total $106 - 2 days sailing training & 2 baguettes). Please complete the order form attached and return to the Squadron Office or email via rsays@rsays.com.au.
7. **Please phone the Squadron Office if you are unable to make it on the day or are running late** – 8341 8600.

We look forward to meeting you on the day. If you have any queries, our staff will be more than happy to assist.

The Royal South Australian Yacht Squadron is located at **161 Oliver Rogers Road, Outer Harbor**. It is a gated Clubhouse, therefore please press the intercom buzzer for access.

Come & Try Sailing Course

Saturday 14 & Sunday 15 September 2019

ROYAL SOUTH AUSTRALIAN YACHT SQUADRON

REGISTRATION FORM

Participants name: _____

Address: _____

Date of Birth: _____

Ph (day): _____ Mb: _____

Email: _____

☐ *Please subscribe my email to the Royal South Australian Yacht Squadron newsletter mailing list.*

Sailing Experience: I rate my sailing experience as (*please circle from below selection*):-

Novice - no sailing experience

Intermediate - some sailing experience and would like to improve skills

Advanced - higher level of learning, including spinnakers

Medical

Do you suffer from any illness or disability? Yes / No (*please circle*)

Please specify _____

Do you suffer from any allergy or are you allergic to any medication: Yes / No (*please circle*)

Please specify _____

Emergency contact name: _____ Phone: _____

Payment - Bookings and registration close Sunday 8 September 2019

Cost: $90 (*2 days training*) ***or $106*** (*including 2 pre-paid baguettes – order form overleaf*)

Payment Options (*please tick*)

☐ TryBookings – www.trybookings.com.au – search for Royal South Australian Yacht Squadron to book & pay online

☐ Cash ☐ Visa/MasterCard ☐ Cheque (*payable to Royal South Australian Yacht Squadron*)

Name on Card _____

Card No _____/_____/_____/_____ Expiry Date _____

Signed _____ Dated _____ *OFFICE USE:* RSAYS Member No _____

Please return form to:

Post: Royal South Australian Yacht Squadron, PO Box 1066, North Haven SA 5018 or Email: rsays@rsays.com.au

NOTE: *You will become a member of the Royal South Australian Yacht Squadron for the duration of the course, and will be covered under the Australian Sailing on water insurance.*

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As you will be at the Squadron early each day, we will have baguettes available for lunch at $8 each. If you would like to take advantage of purchasing lunch, we recommend that you pre-order in advance for the two days so you don't miss out. You can also pre-pay at time of booking if you wish.

Lunch orders must be placed by 5pm Wednesday 11th September.

Please email the completed form to rsays@rsays.com.au

Baguettes - $8 each (payment to be made on the day or pre-pay with your registration)

Fillings available:

1. **Shredded BBQ Pork** with Vietnamese coleslaw, cucumber, soy sauce
2. **Chicken** schnitzel with salad
3. **Ham,** tomato and cheese

SPECIAL OPTIONS AVAILABLE:

- **Vegetarian** will be the above fillings without meat.
- **Gluten-free** option will be the above fillings in a gluten free-wrap.

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LUNCH ORDER FORM

Participants name: _____

Day 1 – Saturday 14th September 2019

Filling Number: _____

Any dietary requirements (*please circle*) * Vegetarian ** Gluten Free

Day 2 – Sunday 15th September 2019

Filling Number: _____

Any dietary requirements (*please circle*) * Vegetarian ** Gluten Free