

# Allied Health Transition to Practice 2026

## When:

Tuesday - Monthly  
2:30pm – 3:30pm  
Refer to calendar

## Where:

Margaret Boyd Education  
Centre  
Face to Face

## For more information contact:

Allied Health Education  
[nhweducators@nhw.org.au](mailto:nhweducators@nhw.org.au)

**Please follow the link or  
scan the QR code to  
register:**

<https://www.trybooking.com/DIDHT>



## About this program

This program aims to support early career allied health clinicians in transition to practice. The program is structured around interprofessional skill development to support and encourage the continuous professional growth of Allied Health Clinicians across all therapy and science work streams, enhancing their skills and knowledge.

## Audience

The program is designed to target all allied health clinicians in therapy and science at NHW who are:

- Grade 1 first year of practice
- Graduate role positions

Other Grade 1 clinicians may be appropriate for the program, applications are considered in consultation with the relevant managers.

## Objectives

At completion of the program, participants will be able to:

- Progress into the early careers program
- Plan and facilitate strategies to support life-long learning
- Recognise the importance of community and social connections
- Identify strategies to support wellbeing and self-care
- Implement strategies to support wellbeing and self-care
- Implement strategies to support effective communication

## Expectations

In order to successfully complete the program and be provided with a certificate of completion, participants will be required to:

- Seek relevant manager approval prior to registration
- Attend planned monthly sessions
- Contribute to group discussions
- Take ownership of own development and learning

Managers, team leaders and supervisors are asked to support the clinician's participation by:

- Actively being involved in applying learning in practice
- Supporting non-clinical time to attend sessions



# Allied Health Transition to Practice 2026

Session Name	Date
<b>Welcome Afternoon Tea</b> <ul style="list-style-type: none"> <li>• Get to know each other</li> <li>• Rural practice, local community, memberships, SMART time calendar</li> <li>• Write a letter &amp; Grade 1 experience</li> </ul>	Tuesday Jan 20 <sup>th</sup> 2:30pm-3:30pm
<b>Setting yourself up for a successful year</b> <ul style="list-style-type: none"> <li>• CPD, APHRA requirements, insurance, documentation policy, EBA, types of leave &amp; learning goals</li> </ul>	Tuesday Feb 24 <sup>th</sup> 2:30pm – 3:30pm
<b>Introduction to the Inter Professional Allied Health Early Careers Program</b> <ul style="list-style-type: none"> <li>• Early days, how's the journey been so far?</li> <li>• Personal wellbeing, burnout, stress management and self-care.</li> <li>• Prepare for a rotation</li> </ul>	Tuesday Mar 24 <sup>th</sup> 2:30pm – 3:30pm
<b>Discovery Program</b> <ul style="list-style-type: none"> <li>• Emotional intelligence, reflective practice, crisis management, supervision &amp; giving feedback, clinical leadership, translating evidence to Practice &amp; teaching a skill.</li> </ul> <b>Deteriorating Patient (PM)</b> <ul style="list-style-type: none"> <li>• Identifying a deteriorating patient, what's your role?</li> <li>• Response to deteriorating patient with SIMS</li> </ul>	Tuesday Apr 28 <sup>th</sup> <b>Full day</b> <b>8:30-4:30pm</b>
<b>Maintaining Clinical Safety</b> <ul style="list-style-type: none"> <li>• Delirium and introduction to Greg Benton's role</li> </ul>	Tuesday May 19 <sup>th</sup> 2:30pm – 3:30pm
<b>How to keep yourself safe in the workplace</b> <ul style="list-style-type: none"> <li>• Aaron – security Code Grey</li> <li>• Home visit safety</li> </ul>	Tuesday Jun 23 <sup>rd</sup> 2:30-3:30pm
<b>Complex Care</b> <ul style="list-style-type: none"> <li>• The role and when is it needed? <b>Ada Mickan</b></li> <li>• NDIS, TCP, Primary Care &amp; PAC</li> </ul>	Tuesday Jul 21 <sup>st</sup> 2:30pm – 3:30pm
<b>Lifelong learner</b> <ul style="list-style-type: none"> <li>• Introduction to the library</li> <li>• Julie Day</li> </ul>	Tuesday Aug 25 <sup>th</sup> 2:30-3:30pm
<b>Discovery Program: Neuro Stroke Day</b> <ul style="list-style-type: none"> <li>• Anatomy and Physiology, imaging, Acute care, inter professional teamwork in Care, Stroke Guidelines, Patient Journey and Discharge.</li> </ul>	Tuesday Sept 8th <b>Full Day</b> <b>8:30-4:30pm</b>
<b>Difficult situations and conversations</b> <ul style="list-style-type: none"> <li>• Simulation</li> </ul>	Tuesday Oct 27 <sup>th</sup> 2:30pm – 3:30pm
<b>Reflection on 1<sup>st</sup> year of Transition to Practice experience/Afternoon tea</b> <ul style="list-style-type: none"> <li>• Reflection on Transition to Practice experience and opportunities; What's next?</li> </ul>	Tuesday Nov 17 <sup>th</sup> 2:30pm – 3:30pm