

SWIM Coaches & Teachers New South Wales State Conference Timetable

SATURDAY 18 JULY 2026

COACHING STREAM		LEARN TO SWIM STREAM <i>proudly supported by SimplySwim</i>	COURSES	
	LATE MORNING START Coach your Saturday squad then drive to Cranbrook	9.00am LEARN TO SWIM REGISTRATION	8.30am Course Registration	
		9.30am The Parent Factor Sunny Fung <i>Manager - Macquarie Uni</i>		
10.15am	Registrations & Welcome Coffee 11.00am-11.15am Vorgee Official Welcome and Coaching Conference Opening	The Freestyle Blueprint Darren Howard <i>Aquatic Programs Coordinator Cumberland Council</i>	8.30am - 1.00pm	SWIM Australia Swim Squad Fundamentals Course Debby Tattoli
11.15am	Session 1 Building Elite Team Culture <i>sponsored by Thredbo Leisure Centre</i> Justin Rowthwell - Manly SC	Brilliant Breaststroke and Butterfly John Bladon <i>Head Coach - Inner West Council</i>		
12.00noon	Break			
12.15pm	Session 2 Developing the High-Performance School Program <i>thanks to Cranbrook School</i> Rebecca Wheatley - Cranbrook	Getting the Best from Your Program Nancy Shaw <i>SWIM Schools Australia Committee Member</i>		
1.00pm	Lunch			
1.45pm	Session 3 The Performance Hub Model <i>thanks to SCTA NSW</i> Adam Kable - NSWIS/SOPAC	Chaos to Control: Gain more control over your class while gaining trust and communicating with your students Cathy Myers <i>Diamond Teacher - MySwim Sydney</i>	1.30pm - 4.00pm	SWIM Australia Swim Squad Fundamentals Course Debby Tattoli
2.30pm	Break			
2.45pm	THE SUPER PANEL <i>sponsored by Fluidra</i> All Presenters, Live Q&A Moderated by Justin Rothewll	POOL PRACTICAL  Ready Set Turn! Debby Tattoli <i>SWIM Board Member</i>		
3.30pm - 4.00pm	Refresh and Transition to Sunset Terrace			
4.00pm ONWARDS	SUNSET PRE-DINNER DRINKS (Overlooking Sydney Harbour) & VORGEE SWIM AWARDS AND DINNER			

SWIM Coaches & Teachers New South Wales State Conference Timetable

SUNDAY 19 JULY 2026

COACHING STREAM		LEARN TO SWIM STREAM <i>proudly supported by INSWIM</i>	COURSES	
8.45am	COFFEE & DAY 2 WELCOME		8.30am	Course Registration
9.00am	Session 4 Coaching the Breaststroke <i>sponsored by NEWPB</i> Ben Tuxford - Trinity Grammar	Splish Splash Babies Programming workshop Sara Tatolli <i>Director - 5 Star Swim Schools</i>	8.30am - 12.00pm	SWIM Australia Teacher Course Workshop James Harnett
9.45am	Break			
10.00am	Session 5 Treating & Protecting the Elite Swimmer <i>thanks to Sydney Sports Physiotherapy</i> Brent Kirkbride - Sydney Sports Medicine / NSWIS	Pre-schoolers: A little bit of everything to paint a big picture Susan Mothershaw <i>Director - Northlake Swim Centre</i>		
10.30pm	Break			
10.45am	USA / World Swim Clinic Report & Q&A <i>thanks to Mighty Blue Wave</i> Robbie Cox, Phil McIlwraith, Gary Toner	The ‘Other’ Skills to Teach Before they Hit Squads Michelle Thomas <i>Coach - Manly Swim Club</i>		
12.00noon	Lunch			
12.45pm	Session 6 The Knox Program & Sports Science in Practice <i>sponsored by Seiko</i> Steve Goodier & Gio Postiglione Knox Grammar	POOL PRACTICAL  Using Functional Play Equipment in Your Lessons Daniel Arnamnart OLY <i>Olympian - Head of Aquatics Cranbrook</i>	12.30pm - 5.00pm	SWIM Australia Teacher Course Workshop James Harnett
		1.30pm PANEL Lessons We’ve Learnt, and What We’d Do Differently Sunny Fung, Susan Mothershaw, Sara Tattoli, Darren Howard, Michelle Thomas	12.30pm-4.00pm	
1.45pm-2.00pm	Conference Wrap Up			