

Dietitian Update Day 2026

Thursday 26th November

Timetable –

The day will be run online via Zoom

8:50 am	Welcome (10mins) <i>Bianca Sowerby</i> <i>External Courses Co-Convenor</i>
9.00 am	Youth Onset Type 2 Diabetes (60 mins) <i>Meredith Paterson</i>
10.00 am	Feeding difficulties in the ex-prem baby (60 mins) <i>Bella Cameron</i>
11.00 am	Morning Tea (20mins)
11.20 am	Nutrition advances/diet updates in IBD (60 mins) <i>Sophie King</i>
12.20 pm	Lunch (40mins)
1.00 pm	Faltering growth and formula manipulation/fortifying feeds- lecture & case studies (80 mins) <i>Tula Quinton & Georgie Barber</i>
2.20 pm	Afternoon Tea (20mins)
2.40 pm	New ASCIA guidelines for allergy prevention (60 mins) <i>Vikki Wearne</i>
3.40 pm	Early Life Nutrition & Emerging Disability: a multi- disciplinary approach (60 mins) <i>Madeline Pilgrim</i>
4.40pm	Close