



PSA Advice Evening Growth Mindset: "I can't do it *YET*"

Tuesday 15th January 2019
7.30pm Michael Frayn Theatre
(Doors open for refreshments 7.00pm)

[Book here](#)

Do you want to understand how to improve your child's academic results? There is now compelling evidence that teaching children about the power of growth mindset can dramatically improve a child's motivation to learn and their academic performance. We do hope that you can join us to learn more about this fascinating subject.

Children with a fixed mindset believe that being 'good' at a particular activity is something that they cannot control, that talent and even intelligence are fixed traits that you either have or don't have. These children also tend to believe that talent alone can lead to success. Such a view is reinforced in a world where instant gratification is increasingly seen as the norm and where a toxic mix of social media, celebrity culture and rampant commercialism can lead to impossible expectations and an unrealistic sense of entitlement. Of course, the converse effect is that when things do get hard, as they inevitably will, children with a fixed mindset will show a lack of resilience or will simply give up. "I can't do it, there's no point." In comparison, children with a growth mindset understand that intelligence or being good at something is not a fixed characteristic but can be increased through effort, determination and sheer hard work. Mistakes and setbacks are seen as learning opportunities while success is rightly framed in the context of perseverance and trial and error. Now "I can't do it" becomes "I can't do it *yet*".



Our guest speaker is chartered psychologist, Guardian journalist and Director of Inner Drive, Bradley Busch, one of the leading experts on how psychological research can best help students and teachers improve how they think, learn and perform. He writes two regular blogs for The Guardian: 'The Science of Learning and Teaching' and 'Lessons From Research'. Outside of education, he works with Premiership and international footballers, and helped members of Team GB win medals at London 2012 and Rio 2016.